## Artists' Books 2021 Digital Zine Swap





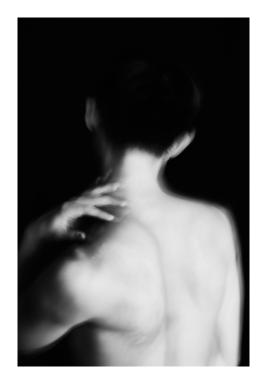
Lazarus Acres Harry Andrews Fergus Arundel Charlotte Brown Ashtyn Burnside Mikayla Cairney Ali Choudhry Athena Day Zhuofan Dong George Jefford

Xinzhi Li Christine Murray Christine Nguyen Kat Parker Indiana Petkovic Kathryn Ruddick Cameron Aleksandor Sharrock Zina Sofer Pam Swanborough Hongjia Wen Lala Zarei

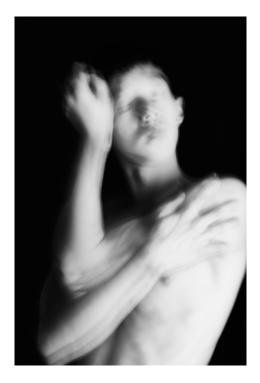
Ali Choudhry

being manifest





ali choudhry



I invite you to try a breathing exercise while viewing these works. Breathe in; hold; exhale. Then, using your index finger, gently trace the skin on your wrist. How does it feel?

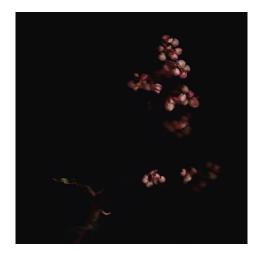
You were always breathing.

Your wrist was always there. But only when you actively focused on them did you likely realize their existence.

At any time,

you can use breath to return to this reflection.







being manifest // ali choudhry

construction instructions

1. Print the document "being manifest – print" double sided on A4 paper. This can be done in an ordinary paper printer (even the ones at university). It's recommended that you make color prints, but black and white will do too.

2. You should end up with 5 pages, double sided. Lay these out as shown in the document "being manifest – layout".

3. Crease these long ways such that you are making a 'mountain fold' in the middle of each page. Note that once you are done, there should be a crease, not a fold. To clarify, you're layout should look like "being manifest – layout" even after you are finished, except now the pages have creases down the middle.

4. Take the very top page and put on top of the one below it. Take these two and put them on the one below them. Continue doing so until all 5 pages are on top of each other.

5. Fold your book and sew or staple as desired.

RMIT School of Art Printmaking Artists' Books

Louise Jennison (Lecturer) Jazmina Cininas (Course Co-ordinator)